

# oxano<sup>®</sup>

## sport

### Nutritional Supplement providing Vitamins, Coenzyme Q10, Magnesium and Trace Elements

#### Micronutrients for good performance in sports.

Professional athletes as well as hobby sports enthusiasts know: with regular and intensive training, all people doing sport have an increased need not only for macronutrients (fats, carbohydrates, proteins), but also for micronutrients such as vitamins, minerals and trace elements.

**oxano<sup>®</sup>sport** contains magnesium und vitamin D, which contribute to normal muscle function.

B-vitamins and iron contribute to the reduction of tiredness and fatigue.

Furthermore, B-vitamins, vitamin C, magnesium, iron and manganese contribute to normal energy-yielding metabolism.

Iron, vitamins B12, B6, C and D as well as selenium and zinc contribute to the normal function of the immune system.

Additionally, iron as well as vitamins B12 and B6 contribute to the normal formation of red blood cells.

Vitamins B2, C and E as well as zinc contribute to the protection of cells from oxidative stress.

<u>Nutrients</u>	per Daily Intake (2 Kapseln)	% NRV**	per 100g
Vitamin C	240 mg	300 %	13.809 g
Vitamin D	15 µg	300 %	0.001 g
Vitamin E (α-TE)	36 mg	300 %	2.071 g
Vitamin B2	2.8 mg	200 %	0.161 g
Vitamin B6	2.8 mg	200 %	0.161 g
Vitamin B12	7.5 µg	300 %	0.0004 g
Coenzyme Q10	10 mg	--	0.575 g
Magnesium	225 mg	60 %	12.946 g
Iron	11.2 mg	80 %	0.644 g
Manganese	1.5 mg	75 %	0.086 g
Selenium	41 µg	75 %	0.002 g
Zinc	8 mg	80 %	0.460 g

\*\* Nutrient reference value according to (EU) 1169/2011 | -- no recommendation available

**Ingredients:** magnesium carbonate; bulkage: hydroxypropyl methylcellulose; L-ascorbic acid; Magnesium citrate; iron citrate; d-alpha-tocopheryl acetate; zinc citrate; manganese gluconate; coenzyme Q10; cholecalciferol; sodium riboflavin 5'-phosphate; separating agents: magnesium salts of fatty acids, silicon dioxide; pyridoxine HCl; sodium selenate; cyanocobalamine.

**oxano<sup>®</sup>sport** contains no gluten or lactose.

**Recommendation for consumption:** 2 capsules per day; suitable for long-term use.

**oxano<sup>®</sup>sport** is a well-balanced nutritional supplement. The recommended daily dose of 2 capsules per day must not be exceeded.

Food supplements should not be used as a replacement for a varied and balanced diet and a healthy lifestyle.

**Storage:** Please, store the product in a dry and lightproof place. Keep it out of the reach of children.

**Content:** One box of **oxano<sup>®</sup>sport** contains 60 capsules with 869 mg equiv. to 52.1 g. | (PZN -11669858)

[www.sport.oxano.de](http://www.sport.oxano.de)

